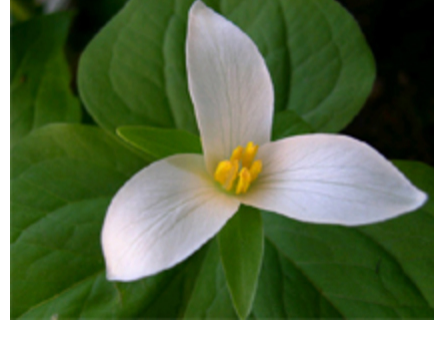
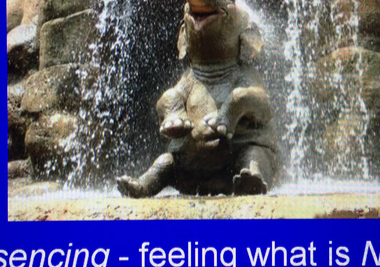


Presencing
JACK BLACKBURN'S NEWSLETTER

**Presencing Issue 67
New Beginnings II
Opening the Doors of Healing
Hazel Parcels**

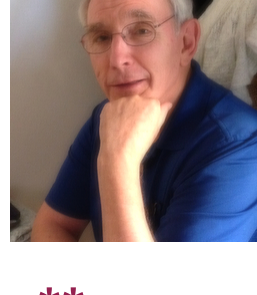


Pain Transforms in Presence



Presencing - feeling what is *NOW*
So pain can be used to create *presencing*

**Trillium Institute Presents
Upcoming Webinars 4CEs each
by Jack Blackburn**



Working with Client Pain -

****Pain Transforms in Presence****

PowerPoint Presentation and Class Sharing

November 16th and 18th 4 PM PST

Two 2 Hour Classes NCBTMB Certified Cost \$40

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Taming the Tiger



Ending Suffering by Transforming Fear

Working with Client Fear -

****Taming the Tiger****

November 30th and December 2nd 4 PM PST

Two 2 Hour Classes NCBTMB Certified Cost \$40

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Leaving Switzerland and Healing's Mystery

Deep Gratitude: Kristen Slabaugh, originally from Orcas Island, and her Swiss husband Beat, toured us around the Einsiedeln district of Switzerland on our last day; to the church of the Black Madonna, to the birthplace of the 15th century alchemist Paracelsus, and to the 8th century hermitage of Benedictine monk St. Meinrad which is now a restaurant where we ate and drank St. Meinrad beer! Earlier that day Kristen had rescued us by connecting us with the proper Covid testing center so we could get on the flight to Japan the very next day... Whew!

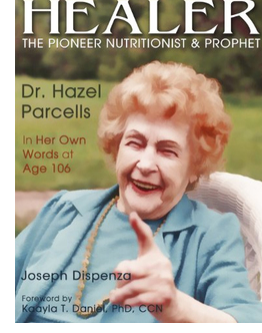


Healing and Paradox

Our mistake is equating healing with body symptoms; whereas true healing is the realization of life's fullness. In healing we move into the embrace of what life really is. Life is not the short time we spend in a body... life is eternal and un-separated, meaning that life is a shared experience. All of life coheres and every life form participates with every other life form. Healing is a process of moving into the eternal and un-separated. In practical terms healing is joining or embracing all the ones we perceive as "others." Everything is participating in that embrace except the human mind which is acting the wallflower and refusing to dance... refusing the ecstatic joys of joining in. We cannot realize our species' potential until we embrace all of life with love and understanding!



Paracelsus' Birthplace



Hazel Parcels



Switzerland Black Madonna Chapel

Another Look at Healing

Hazel Parcels example: When I interviewed Dr. Hazel Parcels in 1993, she was 104 years old. I had been invited to her 100th birthday party when I was visiting friends in Santa Fe, New Mexico. I was told that she was a famous healer and that I would learn more aspects of healing by attending. I had already pursued various healing paths by then and I was in graduate school because I was very interested in adding spiritual coaching to my work with clients and their body difficulties. I had learned Therapeutic Touch from Dora Kunz, Orthobionomy from Dr Arthur Lincoln Pauls, Reiki from Helen Haberly, Vipassana from Dhiravamsa, and so on. When I arrived at Dr. Parcels' party I struck up a conversation with a medical doctor who was one of her healing protégés. He told me parts of her story. He told me that she had a near-death experience during the time of the Spanish Flu in WWI. She was enjoying her departure from her body and was immersed in what she called the "river of life." She was glad to be rid of her body and her bodily suffering. But an inner voice came to her and said: "You cannot stay here, you have to go back... you have work to do." She said: "I've done my life, I don't know of any other work, and I don't want to go back to suffering." The voice said: "You will be taught your new work and you will never suffer again!" Two years later she was in a public building in Los Angeles and a black man came up to her: "You are Hazel Parcels?" "Yes" she said. "I am your teacher and I will teach you your new work." He was actually from India but to her he was black. She studied with him. That was the work she was still doing as a DCN. Here are quotes from my interview with Hazel.

Jack: Could you say a little about what changed as a result of your near-death experience?

Hazel: When I left my body, I saw the river of life for the first time. It was such beautiful shimmering light, like a silver flowing current. My inner voice said, "It's not time; let's make a deal." I told him that "I'm not a teacher." The voice said, "What you will need will be given as needed." Later, when I met my teacher, I knew the voice could be counted on. He was an East Indian, raised in Tibet. His father had been a medical man. My teacher had started to learn medical principles from the age of three. I was trained on both sides, as it were. I still often receive training from the other side.

Jack: This may seem like silly question, but why do you think you chose to come back?

Hazel: I don't really know. I didn't even think about it. I guess, I trusted the voice. I have never stopped trusting that voice. On the basis of that voice, my whole life changed. I realized that I had a purpose in life. As a result, I've never worried about anything. Everything I've needed has always been there. We all have a purpose in life. When we find that purpose and serve others through that purpose, we are healed. I experienced three inner initiations.

Jack: Can you tell me more about your inner life?

Hazel: I'm really a funny person. I don't live like other people. I'm not on this planet most of the time. I know from my out-of-body experiences that nothing can hurt or give us pain outside of the physical realm. When higher energies are healing and guiding, the correction process may cause some physical pain, but this is not worth worrying about. I know that life goes on beyond the body. Physical death is an occasion for rejoicing, because there is no more experience of pain. I speak from my own experience. When we leave the physical realm and go into the higher places, there is no time or space. My experiences have given me a great faith which is very important to me. I know that I can leave this physical existence at any time. I have no attachment to the outcome of my work. I do not need glory. Glory is short lived. I do not seek it. I have never had to advertise, I have never tried to proselytize.

Jack: Would you describe the healing process as you see it?

Hazel: Healing is first of all a recognition of and a conformity with natural laws. If you want to know more about natural systems, study Paracelsus. [Later I realized, with some shock, that closeness between the names Parcels and Paracelsus who was a Swiss physician, hermeticist, alchemist, Rosicrucian, and philosopher of the German Renaissance. I read just enough about Paracelsus to realize that there are very strong parallels with Parcels' work.]

Jack: What about our aging process?

Hazel: Why do people age? Why do their bodies decay, their energies dissolve, their life force degenerate? The reason is that we focus too much on the physical. We're too attached. We're so bound to the earth. The life principle is electromagnetic. Every cell in the body works on the principle of activity. The physical structure has been given or loaned to us. We don't maintain it and work [act] with it. We want to do what we like, not what the laws of nature demand. In the same way we are laying waste the earth and our food is being poisoned. I haven't thought of getting old myself. I don't feel in the least attached to this world. I work for hours and hours without exercise. But, I spend much alone time, letting go and listening. This is how I revitalize. Life does call for action, and acting from faith is revitalizing. We have to be ready to act. I say to my clients, "Trade your wishbone for a backbone, and go to work!" **Jack:** Hazel died 106 years!

Jack Blackburn, LMP, Master's in Theological Studies, Certified Spiritual Director, specializes in body centered spiritual growth and healing. He has been a Trager® practitioner since 1986. He has been a Trager tutor since 1993, has taught Trager electives classes since 1996, and teaches a variety of classes to care giving professionals. He is a NCBTMB Approved Continuing Education Provider and AMTA National Presenter. He is a Focusing Trainer and teaches Bodywork Focusing classes for professionals. Jack is also a Reiki Master and teaches levels I, II, III and Advanced Reiki for Bodyworkers.

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